## 2025 KC Coed Classic

KCI Expo Center 11730 N. Ambassador Dr. Kansas City, MO 64153

Friday, January 24th, 2025 (Gate Opens at 10:45am)

Friday, January 24th, 2025 (Gate Opens at 10:45am)		
Session 1R – Gym RED-Women		
USAG Xcel Gold and Diamond Teams		
Open Stretch 11:00 am		
Present at Event 11:20 am		
XG: Arising Stars, Fuzion, McCracken's, Tumbles		
Athletic Center, Twisters Gym, Xtreme Gym		
XD: Impact Gym, McCracken's		
Consider 2D Cum DED Woman		
Session 2R – Gym RED- Women		
USAG Xcel Gold and Level 5 Teams		
Open Stretch 2:15 pm		
Present at Event 2:35 pm		
VO. Inc. and O LOA Linearly Flits NGC Blatings		
XG: Impact Gym, LGA, Lincoln Elite, NSG, Platinum		
Lv 5: Lincoln Elite, NSG, Neb. Twisters		
EV O. Emoon Emo, NOO, NOO. I Wistord		
Session 3R – Gym RED-Women		
USAG Level 4 Teams		
Open Stretch 5:30 pm		
Present at Event 5:45 pm		
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Lv 4: Impact Gym, Kansas Kips, LGA, Lincoln Elite,		
McCracken's, NSG, Neb. Twisters,		
NW Saltos, The Flip Shop		

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Saturday, January 25th, 2025 (Gate Opens at 7:45am)

Saturday, January 25th, 20	
Session 4R – Gym RED-Women	Session 1B – Gym BLUE-Men
USAG Level 6 and Level 7 Teams	USAG Level 5 and Level 6 Teams
Open Stretch 8:00 am	Open Stretch 8:00 am
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Present at Event 8:20 am	Present at Event 8:15 am
Lv 6: Dave's, Kansas Kips, LGA, Lincoln Elite, NSG,	Lv 5: 316 Platinum, 360 Gym, Dynamics Gym, Edge,
Neb. Twisters, NW Saltos, Platinum	GAGE, Impact Gym, Jefferson City, Mercury, NSG,
	Neb. Twisters, Ohana Gym, Pioneer Gym
Lv 7: Dave's, Impact Gym, Kansas Kips, Lincoln Elite,	
NSG, Neb. Twisters, NW Saltos, Platinum	Lv 6: 316 Platinum, GAGE, Impact Gym, Jefferson
	City, SGAC
	City, Corto
Session 5R – Gym RED-Women	Session 2B – Gym BLUE-Men
USAG Level 8, 9 and 10, Xcel Plat. Teams	USAG Level 7 and Level 8 Teams
Open Stretch 11:30 am	Open Stretch 10:30 am
Present at Event 11:45 pm	Present at Event 10:45 am
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Lv 8: Impact Gym, LGA, NSG, Neb Twisters, NW Saltos	Lv 7: 316 Platinum, 360 Gym, Dynamics, Edge,
Ev o. Impact Sym, Esri, Nos, Nos Twictors, NVV Saltos	GAGE, Impact Gym, NSG, Neb. Twisters, Omaha
Lv 9: NSG, Platinum	Gym, Pioneer Gym, SGAC, XAG
EV 3. NOO, 1 launam	Gyill, Florieer Gyill, SGAC, AAG
Lv 10: NSG, Neb. Twisters	Ly 9, 246 Distinum Edmand Cym CACE SCAC
LV 10. NSG, Neb. Twisters	Lv 8: 316 Platinum, Edmond Gym, GAGE, SGAC
VP: Impact Cum I CA McCrackon's NSC Platinum	
XP: Impact Gym, LGA, McCracken's, NSG, Platinum, Xtreme Gym	
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·	Socien 2B Cum BLUE Mon
Session 6R – Gym RED-Women	Session 3B – Gym BLUE-Men
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams	USAG Level 9 and Level 10 Teams
Session 6R – Gym RED-Women	
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams	USAG Level 9 and Level 10 Teams
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym,
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer,
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG
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Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams Open Stretch 6:00 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams Open Stretch 5:00 pm
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams Open Stretch 6:00 pm Present at Event 6:20 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams Open Stretch 5:00 pm Compete 7:00 pm
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams Open Stretch 6:00 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams Open Stretch 5:00 pm Compete 7:00 pm  Participating Teams from GymAct:
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams Open Stretch 6:00 pm Present at Event 6:20 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams Open Stretch 5:00 pm Compete 7:00 pm  Participating Teams from GymAct: KCU Twisters, Northern Illinois', Iowa, Minnesota and
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams Open Stretch 6:00 pm Present at Event 6:20 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams Open Stretch 5:00 pm Compete 7:00 pm  Participating Teams from GymAct:
Session 6R – Gym RED-Women KC League Xcel Bronze, Gold & Plat. Teams Open Stretch 3:00 pm Present at Event 3:20 pm  KCL XB: Impact Gym, Fuzion, Xtreme, FlipZone  KCL XG: Impact Gym, Xtreme Gym, FlipZone, Trinity Gym  KCL XP: FlipZone, Trinity  Session 7R – Gym RED-Women KC League Xcel Silver Teams Open Stretch 6:00 pm Present at Event 6:20 pm	USAG Level 9 and Level 10 Teams Open Stretch 1:30 pm Present at Event 1:45 pm  Lv 9: 316 Platinum, 360 Gym, NSG, Omaha Gym, SGAC, XAG  Lv 10: Edge, GAGE, NSG, Omaha Gym, Pioneer, SGAC, XAG  Session 4B – Gym BLUE-Men GymAct Teams Open Stretch 5:00 pm Compete 7:00 pm  Participating Teams from GymAct: KCU Twisters, Northern Illinois', Iowa, Minnesota and

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Sunday, January 26th, 2025 (Gate Opens at 7:45am)

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Session 8R – Gym RED-Women USAG Level 3 Teams Open Stretch 8:30 am Present at Event 8:50 am  Lv 3: Impact Gym, Kansas Kips, LGA, Lincoln Elite, McCracken's, NSG, Neb. Twisters, Platinum, The Flip Shop	Session 5B- Gym BLUE-Men USAG Level 3 Teams Open Stretch 8:00 am Present at Event 8:15 am  Lv 3: 316 Platinum, Neb. Twisters, Omaha Gym, SGAC, ZNZ
Session 9R – Gym RED-Women USAG Xcel Silver Teams Open Stretch 11:30 am Present at Event 11:50 am  Lv XS: Arising Stars, LGA, Lincoln Elite, NSG, Platinum Gym, Tumbles Athletic Center	Session 6B- Gym BLUE-Men USAG Level 4 Teams Open Stretch 10:00 am Present at Event 10:15 am  Lv 4: 316 Platinum, Edmond Gym, NSG, Neb. Twisters, Ohana Gym, Omaha Gym, Pioneer, SGAC, Trinity Gym, ZNZ
Session 10R – Gym RED-Women USAG Level 2 and Xcel Bronze Teams Open Stretch 1:30 pm Present at Event 1:50 pm  Lv 2: Impact Gym, Lincoln Elite  XB: LGA, Pinnacle Gym, Platinum, Tumbles Athletic Center, Twisters Gym	Session 7B- Gym BLUE-Men KC League AAU Level 3 Teams Open Stretch 12:30 pm Present at Event 12:45 pm  AAU Lv 3: 360 Gym, Dynamics, Edge, GAGE, Impact Gym, Liberty Gym, Mercury Gym
	Session 8B- Gym BLUE-Men KC League AAU Level 4 and Level 5 Teams Open Stretch 3:00 pm Present at Event 3:15 pm  AAU Lv 4: 360 Gym, Edge, GAGE, Impact Gym, Liberty Gym, Mercury Gym  AAU MC: Dynamics Gym

Revised 12/09/2024