

# 2024 KC Coed Classic

KCI Expo Center  
11730 N. Ambassador Dr.  
Kansas City, MO 64153

**Friday, January 26th, 2024 (Gate Opens at 8:45am)**

<p><b>Session 1R – Gym RED-Women</b> <b><u>USAG Xcel Platinum Teams</u></b> Open Stretch 9:00 am Present at Event 9:20 am</p> <p>Aspire, Branson Ultimate, Jeff City, KC Gym, LGA, MEGA, Omaha Gym, Pride, SGAC, Xtreme, ZnZ</p>	<p><b>Session 1B – Gym BLUE-Men</b> <b><u>USAG Level 3 Teams</u></b> Open Stretch 8:00 am Present at Event 8:15 am</p> <p>Branson Ultimate, Chow's, Neb. Twisters, Pioneer, Pride, SGAC, St. Louis, ZnZ</p>
<p><b>Session 2R – Gym RED- Women</b> <b><u>USAG Xcel Diamond and Level 5 Teams</u></b> Open Stretch 1:30 pm Present at Event 1:50 pm</p> <p>XP: 360, Impact, McCracken's</p> <p>XD: Branson Ultimate, Impact, Jeff City, McCracken's, MEGA, Omaha Gym, Pride, SGAC, Xtreme, ZnZ</p> <p>Level 5: Kansas Kips, LGA, NSG, Neb Twisters, NW Salto, ZnZ</p>	<p><b>Session 2B – Gym BLUE-Men</b> <b><u>USAG Level 4 Teams</u></b> Open Stretch 10:00 am Present at Event 10:15 am</p> <p>Branson Ultimate, Chow's, Dynamics, NSG, Neb Twisters, Omaha Gym, Pioneer, Pride, SGAC, St. Louis, ZnZ</p>
<p><b>Session 3R – Gym RED-Women</b> <b><u>USAG Xcel Gold Teams</u></b> Open Stretch 5:15 pm Present at Event 5:35 pm</p> <p>360, Aspire, Branson Ultimate, KC Gym, LGA, Omaha Gym, Pride, ZnZ</p>	<p><b>Session 3B – Gym BLUE- Men</b> <b><u>USAG Level 5 Teams</u></b> Open Stretch 12:30 pm Present at Event 12:45 pm</p> <p>316, 360, ABGC, Bart Conner's, Branson Ultimate, Chow's, GAGE, Impact, Jeff City, Mercury, NSG, Neb. Twisters, Omaha Gym, Pride, SGAC, St. Louis, ZnZ</p> <p><b>Session 4B – Gym BLUE- Men</b> <b><u>USAG Level 6 and 8 Teams</u></b> Open Stretch 4:00 pm Present at Event 4:15 pm</p> <p>LV 6: 316, Bart Conner's, Branson Ultimate, Chow's, Impact, NSG, Pioneer, Pride, St. Louis, ZnZ</p> <p>LV 8: 316, GAGE, Pride, St. Louis, ZnZ</p>
	<p><b>Session 5B – Gym BLUE-Men</b> <b><u>USAG Level 7 Teams</u></b> Open Stretch 7:00 pm Present at Event 7:15 pm</p> <p>316, 360, ABGC, Bart Conner's, Chow's, Dynamics, Edge, Jeff City, Mercury, NSG, Neb. Twisters, Omaha Gym, SGAC, St. Louis, ZnZ</p>

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**Saturday, January 27th, 2024 (Gate Opens at 7:45am)**

<p><b>Session 4R – Gym RED-Women</b> <b><u>USAG Xcel Gold Teams</u></b> Open Stretch 8:00 am Present at Event 8:20 am</p> <p>Fuzion, Impact, McCracken’s, MEGA, Platinum, SGAC, Xtreme</p>	<p><b>Session 6B – Gym BLUE-Men</b> <b><u>ALL AAU Teams</u></b> Open Stretch 8:30 am Present at Event 8:45 am</p> <p>360, Edge, Impact, Liberty, Mercury</p>
<p><b>Session 5R – Gym RED-Women</b> <b><u>USAG Level 6 and 7 Teams</u></b> Open Stretch 11:45 am Present at Event 12:05 pm</p> <p>Level 6: 360, Fuzion, Jeff City, Kansas Kips, LGA, NSG, NW Saltos, Platinum,</p> <p>Level 7: 360, Impact, LGA, NSG, Neb Twisters, NW Saltos, Platinum, ZnZ</p>	<p><b>Session 7B – Gym BLUE-Men</b> <b><u>USAG Level 9 Teams</u></b> Open Stretch 11:00 am Present at Event 11:15 am</p> <p>LV 9: 316, ABGC, Bart Conner’s, Edge, GAGE, NSG, Pride, SGAC, St. Louis, ZnZ</p>
<p><b>Session 6R – Gym RED-Women</b> <b><u>USAG Level 8, 9 and 10 Teams</u></b> Open Stretch 3:15 pm Present at Event 3:35 pm</p> <p>Level 8: 360, Impact, Jayhawk, Jeff City, KC Gym, LGA, NSG, Neb Twisters, Platinum, SGAC, ZnZ</p> <p>Level 9 and 10: Jeff City, NSG, Neb. Twisters, Platinum, ZnZ</p>	<p><b>Session 8B – Gym BLUE-Men</b> <b><u>USAG Level 10 Teams</u></b> Open Stretch 2:00 pm Present at Event 2:15 pm</p> <p>LV 10: ABGC, Bart Conner’s, Chow’s, GAGE, Mercury, NSG, Omaha Gym, Pioneer, Pride, SGAC, St. Louis, ZnZ</p>
<p><b>Session 7R – Gym RED-Women</b> <b><u>USAG Level 4 Teams</u></b> Open Stretch 6:45 pm Present at Event 7:05 pm</p> <p>360, Impact, Kansas Kips, LGA, NSG, Neb Twisters, Znz</p>	<p><b>Session 9B – Gym BLUE-Men</b> <b><u>GymAct Teams</u></b> Open Stretch 5:00 pm Compete 7:00 pm</p> <p>Participating Teams from GymAct: KCU Twisters, Arizona State Gymnastics, Northern Illinois University and 2 teams from Minnesota</p>

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**Sunday, January 28th, 2024 (Gate Opens at 7:45am)**

<p><b>Session 8R – Gym RED-Women</b> <b><u>KC League Gold and Platinum Teams</u></b> Open Stretch 8:00 am Present at Event 8:20 am</p> <p>Flip Zone, Impact, Jayhawk, Skywalker, Xtreme</p>	<p><b>Session 12B- Gym BLUE-Women</b> <b><u>USAG Level 3 Teams</u></b> Open Stretch 8:00 am Present at Event 8:20 am</p> <p>360, Impact, Kansas Kips, LGA, McCracken’s, NSG, Neb Twisters, Platinum, ZnZ</p>
<p><b>Session 9R – Gym RED-Women</b> <b><u>KC League Xcel Silver Teams</u></b> Open Stretch 10:30 am Present at Event 10:50 am</p> <p>Flip Zone, Impact, Fuzion, Jayhawk, Skywalker, Xtreme</p>	<p><b>Session 13B- Gym BLUE-Women</b> <b><u>USAG Xcel Silver Teams</u></b> Open Stretch 10:00 am Present at Event 10:20 am</p> <p>KC Gym, MEGA, Springfield</p>
<p><b>Session 10R – Gym RED-Women</b> <b><u>KC League Xcel Bronze and Level 2 Teams</u></b> Open Stretch 12:45 pm Present at Event 1:05 pm</p> <p>Flip Zone, Impact, Fuzion, Jayhawk, Xtreme</p>	<p><b>Session 14B- Gym BLUE-Women</b> <b><u>USAG Xcel Silver Teams</u></b> Open Stretch 12:00 pm Present at Event 12:20 pm</p> <p>360, LGA, Pride</p>
<p><b>Session 11R- Gym RED-Women</b> <b><u>USAG Xcel Silver Teams</u></b> Open Stretch 3:00 pm Present at Event 3:20 pm</p> <p>Aspire, Branson Ultimate, Pinnacle, Platinum, ZnZ</p>	<p><b>Session 15B- Gym BLUE-Women</b> <b><u>USAG Xcel Bronze Teams</u></b> Open Stretch 2:00 pm Present at Event 2:20 pm</p> <p>Platinum, Pride, ZnZ</p>
	<p><b>Session 16B- Gym BLUE-Women</b> <b><u>USAG Xcel Bronze Teams</u></b> Open Stretch 4:00 pm Present at Event 4:20 pm</p> <p>Aspire, LGA, SGAC</p>

Revised 1/20/2024